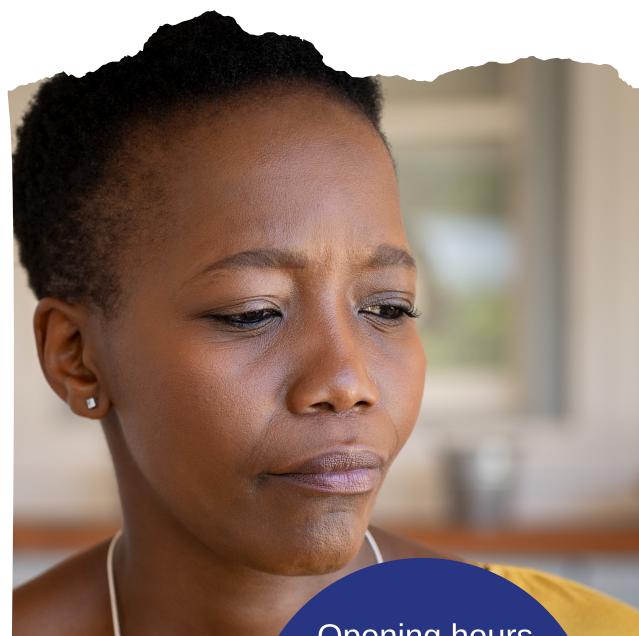
## Safe Spaces



is an independent and confidential support service for adults who have been abused by someone in the Church.

If you have been affected, however long ago, Safe Spaces can support you.

Call our free helpline



## O300 303 1056 safespaces@firstlight.org.uk

**Opening hours** 

Mon- Fri- 9am-9pm Sat- 9am-1pm Sun- 1pm-5pm

## www.safespacesenglandandwales.org.uk

| 0300 303 1056 | 00 303 1056 | 00 303 1056 | 00 303 1056 | 00 303 1056 | 00 303 1056 | 00 303 1056 | 00 303 1056 | 00 303 1056 | 00 303 1056 |
|---------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 030           | 030         | 030         | 0300        | 0300        | 0300        | 0300        | 0300        | 0300        | 030         |
| 03            | 03          | 03          | 03          | 03          | 03          | 03          | 03          | 03          |             |