

+WEEKLY REFLECTION

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Jesus calms the storm

Mark 4:35-41

The disciples had lived with Jesus for a short time, they witnessed His miracles, but they underestimated Him and His power.

Move on 2000 years and we, like the disciples, underestimate His power to handle the storms in our lives. In this reading it was a physical storm, but storms come in other forms.

We can experience storms in our lives and situations that cause us great anxiety. Whatever the difficulty we have two options, worry and assume Jesus doesn't care or resist the fear and put our trust in Him. When you feel panic taking over, pray, confess your need and trust Him to take care of you.

We will all encounter storms in our lives, how often have you asked why is this happening to me Lord? Maybe even wonder where is God's love in this? Remember when Jesus was baptised and what happened afterwards?

He went immediately into the wilderness where he hungered and was tempted, but he did not question God. In fact, equipped with God's love he battled through it.

So, there will be storms in our lives. We Christians live in hope for a good life, but sadly troubles are part of our human existence. The twists and turns we experience can leave us feeling as the disciples did: swamped and struggling.

We need to find or hope in God's presence during the storms in our lives. Jesus took his friends along with other boats on a sailing trip.

When the wind picked up Jesus was there, when the waters rose, He was there, when the boat began to sink, he was there with them throughout the storm.

Living life as a Christian does not mean we're storm free, but it does mean Jesus is with us through the storm and he's in our boat.

When sickness comes, he's in our boat. When loss is overwhelming us, he's with us. When confusion threatens to capsize us, he's our comforter. During the storms of our life, it's better to be in the boat with Jesus than out on the water without him.

At that time, we need not question His love for us, rather we should remain in it, trust in the process, learn from the experience and accept that it's preparing us for better things, helping us in our Christian journey to help others by our experience.

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