## <u>Online Christian Retreats via Zoom</u>

Offering a space for Christians to explore and deepen faith... Seek 'life in all its fullness'...

CREATED & LED BY DONNA WORTHINGTON, all retreats are an invitation to gently and creatively reflect, be affirmed in and deepen faith, to know Christ better and open up sacred space in order to listen to the Holy Spirit and experience a living spirituality that consoles, challenges and inspires. Varied methods enable Christians to deepen their own discipleship and travel on in their faith journeys (presentation, theological discussion, stillness, prayer, creative sessions, images, music etc).

All retreats cost £20, unless otherwise stated. For bookings, please see the website or contact Donna Worthington: <u>drworthington@live.co.uk</u>

## https://christianretreats.live

## DECEMBER 2022

FAIRY TALES | Exploring how these human stories can be guides to deeper self-awareness, freedom and wholeness that God offers us...

Sleeping Beauty The Little Red Hen Cinderella

Thursdays – 1st, 8th, 15th, December 6.30–9pm Cost £60

WISDOM FROM THE DESERT | 2 Essential Elements of Prayer: Attentiveness / Wakefulness (Agrupnia) and Letting Go (Apatheia) Sunday 11th December 2-5pm

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Christian residential retreats: include a rhythm of prayer, focus on Celtic Christianity, retreat sessions, spiritual reflection, time to be creative, relax etc:

November 6-10<sup>th</sup> 2023 St Oswald's, Whitby. (3 places left) June 17th-21st 2024 St Oswald's Whitby. November 11-15<sup>th</sup> 2024 St Oswald's, Whitby. June 10-14<sup>th</sup> 2024 Holy Island, Northumberland. November 18-22<sup>nd</sup> 2024 Holy Island, Northumberland.