

Speaker: Dr Ruth Valerio

Dr Ruth Valerio is Global Advocacy and Influencing Director at Tearfund. An environmentalist, theologian and social activist. Ruth holds a doctorate from King's College London and honorary doctorates from the Universities of Winchester and Chichester. She is Canon Theologian at Rochester Cathedral and her home church is part of the 24/7 Prayer Network.

She enjoys living sustainably (practising what she preaches and inspiring others as she does so) in the South of England with her family.

She is the author of 'L is for Lifestyle: Christian Living that doesn't cost the Earth', 'Just Living: Faith and Community in an age of Consumerism' and the children's book 'Planet Protectors: 52 ways to look after God's world'. She also wrote the Archbishop of Canterbury's 2020 Lent book, entitled Saying Yes to Life.

Ruth is a regular contributor on Radio 4 and the BBC World Service.