

Pause and Pray – Daily Resources

Thursday 12th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Lord, we come as your people; we come as your friends.

We come together.

We come as we are.

We come to be made one.

We come to worship, that we might go in your name. Amen

Rejoice

I rejoice in God's salvation, joining with the ancient praise of all God's people in the words of Psalm 27 verse 1

'The Lord is my light and my salvation –
whom shall I fear?
The Lord is the stronghold of my life –
of whom shall I be afraid?'

Reflect

I reflect today on the words of scripture found in Malachi 3 verse 10:

"Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the Lord Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it."

I ask myself when have I seen God's blessing outpoured in my life or in the life of others?
What would it look like for our churches to be overflowing with God's blessings?

Ask

Today we pray for:

Bishop Julian, Bishop Philip & Bishop Jill

Archdeacon David & Archdeacon Mark

Friday 13th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Lord, from the busyness of our lives we have come to be still, in the hush of your quietness. From the noise of our questions we have come to hear your voice. From the anguish of our hearts we have come to receive your peace. From the emptiness of our struggles we have come to be filled. Lord, we have come. Meet with us that we may not have come in vain. Amen

Rejoice

I rejoice in God's strength today, joining with the ancient praise of all God's people in the words of Psalm 28 verses 6 to 9

⁶Praise be to the LORD,

for he has heard my cry for mercy.

⁷The LORD is my strength and my shield;

my heart trusts in him, and he helps me.

My heart leaps for joy,

and with my song I praise him.

⁸The LORD is the strength of his people,

a fortress of salvation for his anointed one.

⁹Save your people and bless your inheritance;

be their shepherd and carry them for ever.

Reflect

I reflect today on the words of scripture found in 2 Corinthians 9 verses 10 to 12

¹⁰Now he who supplies seed to the sower and bread for food will also supply and increase your store of seed and will enlarge the harvest of your righteousness. ¹¹You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God. ¹²This service that you perform is not only supplying the needs of the Lord's people but is also overflowing in many expressions of thanks to God.'

I ask myself how can I show generosity today? What things can I thank God for today?

Ask

Today we pray for:

The Bishops leadership Team

Saturday 14th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Lord, we come with the things that bind us hard and fast, the things that limit our hope, our joy, our peace and our service. We come to worship you. We come to pray to you, because in Christ you came to set us free. Amen

Rejoice

I rejoice in God's care for me today, joining with the ancient praise of all God's people in the words of Psalm 42 verses 1 and 2

¹ 'As the deer pants for streams of water,
so my soul pants for you, my God.

² My soul thirsts for God, for the living God.
When can I go and meet with God?'

Reflect

I reflect today on the words of scripture found in Luke chapter 6 verses 37 to 38

³⁷ 'Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven. ³⁸ Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.'

I ask myself how can I give of my gifts and time today? Do I need to forgive anyone? Where is forgiveness needed in the world?

Ask

Today we pray for:

Accrington Deanery:

ACCRINGTON Christ Church

ACCRINGTON St John with HUNCOAT St Augustine

ALTHAM with CLAYTON-LE-MOORS

BAXENDEN St John



HASLINGDEN St James w GRANE St Stephen & STONEFOLD St John & MUSBURY St Thomas

LANESIDE St Peter

OSWALDTWISTLE

ACCRINGTON St Andrew, St Mary Magdalen and St Peter and Church Kirk

ACCRINGTON St James and St Paul

ACCRINGTON St Christopher Church of England High School

Rosendale Hospital

Sunday 15th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Lord, we praise you for creating, healing and loving us. We thank you for seeking – and finding us; for holding us and renewing our lives. We honour you for all you have done for us, in us and through us. But we adore you for who you are: the one true living God. Amen

Rejoice

I rejoice in God's faithfulness today, joining with the ancient praise of all God's people in the words of Psalm 90 verses 1 to 4

- ¹ 'Lord, you have been our dwelling-place throughout all generations.
- ² Before the mountains were born or you brought forth the whole world, from everlasting to everlasting you are God.
- ³ You turn people back to dust, saying, 'Return to dust, you mortals.'
- ⁴ A thousand years in your sight are like a day that has just gone by, or like a watch in the night.'

HEALTHY CHURCHES TRANSFORMING COMMUNITIES

Reflect

I reflect today on the words of scripture found in Genesis 14 verses 18 to 20

¹⁸ 'Then Melchizedek king of Salem brought out bread and wine. He was priest of God Most High, ¹⁹ and he blessed Abram, saying, 'Blessed be Abram by God Most High, Creator of heaven and earth.

²⁰ And praise be to God Most High, who delivered your enemies into your hand.' Then Abram gave him a tenth of everything.'

I ask myself where do I believe my money and possessions come from? Do I give away a tenth of my income?

Ask

Today we pray for:

Blackpool Deanery

ANCHORSHOLME All Saints

BISPHAM All Hallows

BLACKPOOL Christ Church with All Saints

BLACKPOOL Holy Cross South Shore

BLACKPOOL Holy Trinity South Shore in plurality with BLACKPOOL St Peter South Shore

BLACKPOOL St John

BLACKPOOL St Mary South Shore

BLACKPOOL St Paul North Shore

BLACKPOOL St Stephen on the Cliffs

BLACKPOOL St Thomas

GREENLANDS St Anne

BLACKPOOL St Christopher and St Nicholas

MARTON St Paul

MERESIDE St Wilfrid



LAYTON and STAINING (The Trinity Parish)

FREEDOM Church (Meraside)

BLACKPOOL St George's School, A Church of England Business and Enterprise College

Blackpool Victoria Hospital

Blackpool Trinity The Hospice in the Fylde

Monday 16th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Our loving, heavenly father, we come because we must; we come because we ought to; we come because we need to, we come because we long to; we come because in you we have a joy and a gladness we have never known before; we come because you are the Lord. Amen.

Rejoice

I rejoice in God's presence with me today, joining with the ancient praise of all God's people in the words of Psalm 46 verses 10 to 11

¹⁰ 'He says, 'Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth.'

¹¹ The LORD Almighty is with us;
the God of Jacob is our fortress.'

Reflect

I reflect today on the words of scripture found in Exodus 35 verses 20 to 22

²⁰ 'Then the whole Israelite community withdrew from Moses' presence, ²¹ and everyone who was willing and whose heart moved them came and brought an offering to the LORD for the work on the tent of meeting, for all its service, and for the sacred garments. ²² All who were willing, men and women alike, came and brought gold jewellery of all kinds: brooches, earrings, rings and ornaments. They all presented their gold as a wave offering to the LORD.'

I ask myself who gets the best of all I have? Is my heart open to being moved by God?

HEALTHY CHURCHES TRANSFORMING COMMUNITIES



Ask

Today we pray for

Blackburn with Darwen Deanery:

BLACKBURN St Mary the Virgin with St Paul (Cathedral and Parish Church)

BLACKBURN Christ Church with St Matthew

FENISCLIFFE St Francis

BLACKBURN St Andrew Livesey in plurality with BLACKBURN St Barnabas

BLACKBURN St Gabriel

BLACKBURN St Silas

BLACKBURN The Redeemer

DARWEN St Barnabas

DARWEN St Cuthbert with TOCKHOLES St Stephen

DARWEN St Peter

FENISCOWLES Immanuel

KNUZDEN St Oswald

LOWER DARWEN St James

BLACKBURN St Aidan and St Luke, St Mark and St Philip

BLACKBURN St Stephen and St James

NORTH and EAST BLACKBURN (St Michael & All Angels with St John & Holy Trinity, St Thomas with St Jude)

OVER DARWEN St James and HODDLESDEN St Paul's

BLACKBURN St Wilfrid's Church of England Academy

The Royal Blackburn Hospital

Blackburn East Lancashire Hospice

HEALTHY CHURCHES TRANSFORMING COMMUNITIES

Tuesday 17th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Lord, we are your people not because we are worthy but by your grace alone. We are your people who have in joy and thankfulness, we are your people and we have come to praise you, we are your people and we have come to give you the worship you deserve. We are your people and we have come in the name of Jesus. Amen.

Rejoice

I rejoice in the majesty of God today, joining with the ancient praise of all God's people in the words of Psalm 48 verses 1 to 3

¹Great is the LORD, and most worthy of praise,
in the city of our God, his holy mountain.

²Beautiful in its loftiness,
the joy of the whole earth,
like the heights of Zaphon is Mount Zion,
the city of the Great King.

³God is in her citadels;
he has shown himself to be her fortress.'

Reflect

I reflect today on the words of scripture found in Leviticus 27 verses 30 to 33

³⁰ "A tithe of everything from the land, whether grain from the soil or fruit from the trees, belongs to the LORD; it is holy to the LORD. ³¹ Whoever would redeem any of their tithe must add a fifth of the value to it. ³² Every tithe of the herd and flock – every tenth animal that passes under the shepherd's rod – will be holy to the LORD. ³³ No one may pick out the good from the bad or make any substitution. If anyone does make a substitution, both the animal and its substitute become holy and cannot be redeemed."

I ask myself what does it look like to tithe to God the produce of the earth? Do I see my offering as being holy?

Ask

Today we pray for:

Garstang Deanery:



COPP St Anne and INSKIP St Peter

FELLSIDE Team Ministry

GARSTANG St Helen (Churchtown) and ST MICHAEL'S ON WYRE

GARSTANG St Thomas

STALMINE St James with PILLING St John the Baptist

The Waterside Parishes of Hambleton Out Rawcliffe and Preesall

SCORTON and BARNACRE and CALDER VALE

WOODPLUMPTON St Anne

PRESALL St Aidan's Church of England High School

ROSSALL School

Myerscough College

Wednesday 18th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Lord, we come,

Called by your love and led by our need,

Challenged by Christ's life

And aware of our weakness,

Filled with hope in his death and resurrection,

Longing to be filled with the power of the Spirit.

Lord, we come, for Jesus invites us and brings us home. Amen

Rejoice

I rejoice in being able to trust God, joining with the ancient praise of all God's people in the words of Psalm 56 verses 3 to 4

HEALTHY CHURCHES TRANSFORMING COMMUNITIES

³ 'When I am afraid, I put my trust in you.

⁴ In God, whose word I praise –
in God I trust and am not afraid.

What can mere mortals do to me?'

Reflect

I reflect today on the words of scripture found in 2 Chronicles 31 verses 9 to 10

⁹ 'Hezekiah asked the priests and Levites about the heaps; ¹⁰ and Azariah the chief priest, from the family of Zadok, answered, 'Since the people began to bring their contributions to the temple of the LORD, we have had enough to eat and plenty to spare, because the LORD has blessed his people, and this great amount is left over.'

I ask myself what would it look like for everyone to have enough to eat? How can I and my church share the plenty we have?

Ask

Today we pray for:

Burnley Deanery

BRIERCLIFFE St James

BURNLEY WEST All Saints with St John Baptist

BURNLEY St Andrew with St Margaret and BURNLEY St James

BURNLEY St Catherine with St Alban and St Paul

BURNLEY St Cuthbert (in plurality with BRIERFIELD St Luke)

BURNLEY St Mark

BURNLEY St Matthew the Apostle (Habergham Eaves) with Holy Trinity

BURNLEY St Peter and St Stephen

HOLME IN CLIVIGER St John the Divine with WORSTHORNE St John Evangelist

PADIHAM with HAPTON and PADIHAM GREEN

Burnley General Hospital

Thursday 19th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Father, we come to you with empty hands to receive from you.

We come with heavy hearts that you might carry our burden.

We come with our self-satisfaction, that you might open our eyes to the needs of others.

We come with our self-centredness, that you may deal with our deafness to the cries of our neighbours.

We come with our hopes and fears, our joys and sorrows.

We come as we are, longing to be made new.

We come in the name of Jesus, because he first came to us. Amen.

Rejoice

I rejoice in God's care of me today, joining with the ancient praise of all God's people in the words of Psalm 61 verses 1 to 3

¹ 'Hear my cry, O God;
listen to my prayer.

² From the ends of the earth I call to you,
I call as my heart grows faint;
lead me to the rock that is higher than I.

³ For you have been my refuge,
a strong tower against the foe.'

Reflect

I reflect today on the words of scripture found in 1 Timothy 6 verses 6 to 10

⁶ 'But godliness with contentment is great gain. ⁷ For we brought nothing into the world, and we can take nothing out of it. ⁸ But if we have food and clothing, we will be content with that. ⁹ Those who want to get rich fall into temptation and a trap and into many foolish and harmful desires that plunge people into ruin and destruction. ¹⁰ For the love of money is a



root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs.'

I ask myself am I content with what I have? What is my relationship with money?

Ask

Today we pray for

Kirkham Deanery:

WESHAM Christ Church

ANSDELL and FAIRHAVEN St Paul

FRECKLETON and WARTON

ST ANNES ON SEA St Anne (Heyhouses)

KIRKHAM St Michael

LUND St John the Evangelist

LYTHAM St Cuthbert

LYTHAM St John the Divine

RIBBY CUM WREA St Nicholas and WEETON St Michael

ST ANNES ON SEA St Margaret of Antioch

ST ANNES ON SEA St Thomas

WESHAM Christ Church and TREALES Christ Church

TREALES Christ Church

Lytham St Annes Clifton Hospital

HMP Kirkham

Friday 20th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Lord, we come as we are. We make no pretence.

We come acknowledging the weakness, poverty and emptiness of our lives.

We come confessing our failed attempts to change our lives and our determination to be different, which has come to nothing.

We come, asking that by your grace we can be made strong and that through your power we can be made new.

We come in our weakness, that in you we may be made strong and that we might give you all the glory. Amen.

Rejoice

I stand in awe of God's provision, joining with the ancient praise of all God's people in the words of Psalm 65 verses 8 and 9

⁸ 'The whole earth is filled with awe at your wonders;
where morning dawns, where evening fades,
you call forth songs of joy.'

⁹ 'You care for the land and water it;
you enrich it abundantly.'

The streams of God are filled with water
to provide the people with corn,
for so you have ordained it.'

Reflect

I reflect today on the words of scripture found in Luke 12 verses 32 to 34

³² 'Do not be afraid, little flock, for your Father has been pleased to give you the kingdom. ³³ Sell your possessions and give to the poor. Provide purses for yourselves that will not wear out, a treasure in heaven that will never fail, where no thief comes near and no moth destroys. ³⁴ For where your treasure is, there your heart will be also.'



I ask myself where is my treasure and therefore where is my heart? Am I willing to sell my possessions for the sake of the poor?

Ask

Today we pray for

Chorley Deanery:

COPPULL and COPPULL ST JOHN THE DIVINE

ADLINGTON St Paul

APPLEY BRIDGE and PARBOLD

BRINDLE St James

CHARNOCK RICHARD Christ Church

CHORLEY All Saints

CHORLEY St George

CHORLEY St James

CHORLEY St Laurence

CHORLEY St Peter

CROSTON, BRETHERTON and MAWDESLEY with BISPHAM

ECCLESTON St Mary the Virgin

EUXTON

HEAPEY St Barnabas and WITHNELL St Paul

SHEVINGTON St Anne

STANDISH St Wilfrid

WHITTLE-LE-WOODS St John Evangelist

WRIGHTINGTON with HESKIN St James the Great

ECCLESTON St Mary the Virgin and CHARNOCK RICHARD Christ Church

CROSTON Bishop Rawstorne Church of England Academy

HEALTHY CHURCHES TRANSFORMING COMMUNITIES



CHORLEY St Michael's Church of England High School

Chorley and District Hospital

Wrightington Hospital

Wrightington Wigan & Leigh NHS Trust

Saturday 21st November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Father, we come as your children, knowing you love us.

We come with no hope of proving our worth.

We come as those who through grace you have already accepted to worship you, our saviour and Lord.

We come knowing our strengths and our weaknesses to the one who holds all things by the power of his word.

We come to sing glory for the life, love and joy of knowing Jesus the Saviour of all. Amen.

Rejoice

I rejoice in being part of the continuing family of God, joining with the ancient praise of all God's people in the words of Psalm 78 verses 1 to 4

¹ My people, hear my teaching;

listen to the words of my mouth.

² I will open my mouth with a parable;

I will utter hidden things, things from of old –

³ things we have heard and known,

things our ancestors have told us.

⁴ We will not hide them from their descendants;

we will tell the next generation

HEALTHY CHURCHES TRANSFORMING COMMUNITIES



the praiseworthy deeds of the LORD,
his power, and the wonders he has done.'

Reflect

I reflect today on the words of scripture found in Proverbs 19 verse 17

¹⁷ 'Whoever is kind to the poor lends to the LORD,
and he will reward them for what they have done.'

I ask myself how can I show kindness to the poor? Where can I see the kindness of God in my life?

Ask

Today we pray for:

Lancaster and Morecambe Deanery

COCKERHAM with WINMARLEIGH and GLASSON

DOLPHINHOLME with QUERNMORE and OVER WYRESDALE

ELLEL St John the Evangelist

SHIRESHEAD St James

HEYSHAM St Peter

LANCASTER Christ Church

LANCASTER St Chad Skerton in plurality with LANCASTER St Luke Skerton

LANCASTER St Mary (The Priory)

LANCASTER St Paul Scotforth

LANCASTER St Thomas

MORECAMBE St Barnabas

MORECAMBE St Christopher Bare

OVERTON St Helen

POULTON-LE-SANDS Holy Trinity with MORECAMBE St Laurence

HEALTHY CHURCHES TRANSFORMING COMMUNITIES



SANDYLANDS St John

TORRISHOLME The Ascension

LANCASTER Ripley St Thomas. A Church of England Academy

Lancaster Royal Infirmary Hospital

Morecambe Queen Victoria Hospital

St Johns Hospice Lancaster

Lancaster Prison

HMP Lancaster Farm

University of Lancaster

University of Cumbria (Lancaster Campus)

Sunday 22nd November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Lord, we come to you because you are strength for us when our strength fails;

You are hope for us when our hope is gone;

You are love for us when we are cold and empty;

You are forgiveness for us when we go wrong;

You are peace for us when we are afraid;

You are beginning again when it feels like the end.

We come to worship you because you are worthy. Amen.

Rejoice

I praise God for his majesty, joining with the ancient praise of all God's people in the words of Psalm 93 verses 1 to 4

HEALTHY CHURCHES TRANSFORMING COMMUNITIES



- ¹ 'The LORD reigns, he is robed in majesty;
the LORD is robed in majesty and armed with strength;
indeed, the world is established, firm and secure.
- ² Your throne was established long ago;
you are from all eternity.
- ³ The seas have lifted up, LORD,
the seas have lifted up their voice;
the seas have lifted up their pounding waves.
- ⁴ Mightier than the thunder of the great waters,
mightier than the breakers of the sea –
the LORD on high is mighty.'

Reflect

I reflect today on the words of scripture found in Hebrews 13:15 and 16

¹⁵ 'Through Jesus, therefore, let us continually offer to God a sacrifice of praise – the fruit of lips that openly profess his name. ¹⁶ And do not forget to do good and to share with others, for with such sacrifices God is pleased.'

I ask myself what can I share today? What will my sacrifice of praise look like today?

Ask

Today we pray for

Leyland Deanery:

BUCKSHAW VILLAGE

BAMBER BRIDGE St Aidan and WALTON-LE-DALE St Leonard

BAMBER BRIDGE St Saviour

HESKETH WITH BECCONSALL All Saints

HIGHER WALTON All Saints in plurality with HOGHTON Holy Trinity

HOOLE St Michael

LEYLAND St Ambrose

LEYLAND St Andrew

LEYLAND St James

LEYLAND St John

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LONGTON St Andrew

LOSTOCK HALL St James and FARINGTON MOSS St Paul

NEW LONGTON All Saints

PENWORTHAM St Leonard

PENWORTHAM St Mary

RUFFORD AND TARLETON

LEYLAND Balshaw's Church Of England High School

HUTTON Church of England Grammar School

Lostock Hall St Catherine's Hospice

Garth Prison

Wymott Prison

Runshaw College

Monday 23rd November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

May the Father's hand
keep you from stumbling,
the footprints of Jesus
give you confidence to follow,
and the fire of the Spirit
keep you warm and safe
in your walk with God this day.

Rejoice

I praise God for his faithfulness today, joining with the ancient praise of all God's people in the words of Psalm 92 verses 1 to 4

HEALTHY CHURCHES TRANSFORMING COMMUNITIES

- ¹ 'It is good to praise the LORD
and make music to your name, O Most High,
² proclaiming your love in the morning
and your faithfulness at night,
³ to the music of the ten-stringed lyre
and the melody of the harp.
⁴ For you make me glad by your deeds, LORD;
I sing for joy at what your hands have done.'

Reflect

I reflect today on the words of scripture found in 1 Timothy 6 verses 17 to 19

¹⁷ 'Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment. ¹⁸ Command them to do good, to be rich in good deeds, and to be generous and willing to share. ¹⁹ In this way they will lay up treasure for themselves as a firm foundation for the coming age, so that they may take hold of the life that is truly life.'

I ask myself where is my hope based? How can I encourage others to trust in God's provision?

Ask

Today we pray for

Poulton Deanery:

CLEVELEYS St Andrew

FLEETWOOD St Nicholas

LITTLE THORNTON St John the Evangelist

POULTON, CARLETON and SINGLETON

THORNTON-LE-FYLDE Christ Church

FLEETWOOD St Peter and St David

Fleetwood Hospital

Tuesday 24th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Father, help me to know You more and to love You better and I pray that I may learn to spend more time simply sitting at Your feet, listening to Your word and communing with You in Your presence. Thank you for wanting a relationship with us and that we are able to spend time with you. Amen

Rejoice

I praise God for his righteousness and justice, joining with the ancient praise of all God's people in the words of Psalm 97 verses 1 to 6

- ¹ The LORD reigns, let the earth be glad;
let the distant shores rejoice.
- ² Clouds and thick darkness surround him;
righteousness and justice are the foundation of his throne.
- ³ Fire goes before him
and consumes his foes on every side.
- ⁴ His lightning lights up the world;
the earth sees and trembles.
- ⁵ The mountains melt like wax before the LORD,
before the Lord of all the earth.
- ⁶ The heavens proclaim his righteousness,
and all peoples see his glory.

Reflect

I reflect today on the words of scripture found in 2 Corinthians 9 verses 6 to 8

⁶ 'Remember this: whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. ⁷ Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. ⁸ And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.'

I ask myself what am I deciding in my heart to give as a one-off sacrificial gift at this time?
Have I discussed this with the Lord?

Ask

Today we pray for

Pendle Deanery:

BARROWFORD St Thomas and NEWCHURCH-IN-PENDLE St Mary

FENCE-IN-PENDLE St Anne and HIGHAM St John the Evangelist

BRIERFIELD St Luke in plurality with BURNLEY St Cuthbert

COLNE Holy Trinity & St Bartholomew

GREAT MARSDEN St John the Evangelist with NELSON St Philip

NELSON Little Marsden

FOULRIDGE LANESHAWBRIDGE and TRAWDEN

Pendle Community Hospital

Wednesday 25th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Eternal God, you are our rock, you are the firm foundation for everything we build. You give gifts to your people for the good of the church. You equip and train your people to carry out the good works you have prepared for us in advance. Amen.

Rejoice

I praise God for who he is, joining with the ancient praise of all God's people in the words of Psalm 111 verses 1 to 3



¹ 'Praise the LORD.

I will extol the LORD with all my heart
in the council of the upright and in the assembly.

² Great are the works of the LORD;
they are pondered by all who delight in them.

³ Glorious and majestic are his deeds,
and his righteousness endures for ever.'

Reflect

I reflect today on the words of scripture found in Matthew 6 verses 1 to 4

¹ 'Be careful not to practise your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven.

² 'So when you give to the needy, do not announce it with trumpets, as the hypocrites do in the synagogues and on the streets, to be honoured by others. Truly I tell you, they have received their reward in full. ³ But when you give to the needy, do not let your left hand know what your right hand is doing, ⁴ so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you.'

I ask myself who knows about my giving? Is God's reward and blessing enough for me?

Ask

Today we pray for

Preston Deanery:

ASHTON-ON-RIBBLE St Andrew

ASHTON-ON-RIBBLE St Michael & All Angels

BROUGHTON St John Baptist

FULWOOD Christ Church

GRIMSARGH St Michael

INGOL St Margaret

LEA St Christopher

LONGRIDGE St Lawrence with St Paul

PRESTON All Saints

PRESTON Emmanuel

HEALTHY CHURCHES TRANSFORMING COMMUNITIES



PRESTON St Cuthbert Fulwood

PRESTON St John and St George the Martyr

PRESTON St Oswald with St Jude

PRESTON The Risen Lord

PRESTON St Stephen

RIBBLETON St Mary Magdalene & The Ascension

PRESTON Archbishop Temple School, A Church of England Specialist College

Guild Lodge Whittingham

Longridge Community Hospital

Preston Royal & Sharoe Green Hospitals

HMP Preston - Prisons

Preston College

University of Central Lancashire

Thursday 26th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

'I will give thanks to you, Lord, with all my heart: I will tell of all your wonderful deeds.' Open my heart and mind to hear and receive from you today I pray. Amen.

Rejoice

I praise God for the way he restores, joining with the ancient praise of all God's people in the words of Psalm 126 verses 1 to 3

¹ 'When the LORD restored the fortunes of Zion,
we were like those who dreamed.

² Our mouths were filled with laughter,
our tongues with songs of joy.

Then it was said among the nations,

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'The LORD has done great things for them.'

³The LORD has done great things for us,
and we are filled with joy.'

Reflect

I reflect today on the words of scripture found in Mark 12 verses 41 to 44

⁴¹ 'Jesus sat down opposite the place where the offerings were put and watched the crowd putting their money into the temple treasury. Many rich people threw in large amounts. ⁴² But a poor widow came and put in two very small copper coins, worth only a few pence.

⁴³ Calling his disciples to him, Jesus said, 'Truly I tell you, this poor widow has put more into the treasury than all the others. ⁴⁴ They all gave out of their wealth; but she, out of her poverty, put in everything – all she had to live on.'

I ask myself would I give God the balance of my bank account? Who can I learn from about giving?

Ask

Today we pray for

Whalley Deanery:

CLITHEROE St Paul

GREAT HARWOOD St Bartholomew and St John

HURST GREEN and MITTON in plurality with RIBCHESTER St Wilfrid

LANGHO St Leonard

READ St John and SIMONSTONE St Peter

RISHTON St Peter and St Paul

SALESBURY St Peter

WADDINGTON

WEST PENDLESIDE All Saints, Pendleton, St Nicholas Heyhouses, Sabden & St Mary & all Saints Whalley

CHIPPING St Bartholomew

WHITEWELL St Michael

BOWLAND Benefice

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BALDERSTONE, MELLOR and SAMLESBURY

CHATBURN Christ Church and DOWNHAM St Leonard - Benefice

CHIPPING St Bartholomew with WHITEWELL St Michael

CLITHEROE St James - Benefice

CLITHEROE St Mary Magdalene

Friday 27th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

You are the King and we will praise you.

You are holy and we will bow before you.

You are the saviour and we will trust you.

You are almighty and we will serve you.

You are the Lord and we will adore you. Amen.

Rejoice

I rejoice in the way God knows me utterly and completely, joining with the ancient praise of all God's people in the words of Psalm 139 verses 1 to 6

¹ You have searched me, LORD,
and you know me.

² You know when I sit and when I rise;
you perceive my thoughts from afar.

³ You discern my going out and my lying down;
you are familiar with all my ways.

⁴ Before a word is on my tongue
you, LORD, know it completely.

⁵ You hem me in behind and before,

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and you lay your hand upon me.

⁶ Such knowledge is too wonderful for me,
too lofty for me to attain.'

Reflect

I reflect today on the words of scripture found in Matthew 19 verses 21 to 24

²¹ 'Jesus answered, 'If you want to be perfect, go, sell your possessions and give to the poor, and you will have treasure in heaven. Then come, follow me.'

²² When the young man heard this, he went away sad, because he had great wealth.

²³ Then Jesus said to his disciples, 'Truly I tell you, it is hard for someone who is rich to enter the kingdom of heaven. ²⁴ Again I tell you, it is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.'

I ask myself what have I given up to follow Jesus? Is there anything he is still calling me to give up to follow him more closely and deeply?

Ask

Today we pray for

Tunstall Deanery:

BOLTON-LE-SANDS Holy Trinity

CARNFORTH Christ Church

CATON WITH LITLEDALE St Paul in plurality with OVER KELLETT St Cuthbert

HORNBY with CLAUGHTON & WHITTINGTON with ARKHOLME & GRESSINGHAM

SILVERDALE St John

SLYNE with HEST St Luke and HALTON St Wilfrid with AUGHTON St Saviour

EAST LONSDALE: Tunstall, Melling & Leck, Holy Trinity, Wray, St James the Less Tatham, The Good Shepherd, Tatham Fells

WARTON St Oswald with YEALAND CONYERS St John

Saturday 28th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Almighty God, King of all creation, Sovereign over all things, you hold the universe in the palm of your hand. Enable us to keep our hearts fixed on you and our minds on your truth, for we have come to worship you as Lord of all. Amen.

Rejoice

I rejoice in God's compassion, joining with the ancient praise of all God's people in the words of Psalm 145 verses 8 and 9

⁸ The LORD is gracious and compassionate,
slow to anger and rich in love.

⁹ The LORD is good to all;
he has compassion on all he has made.

Reflect

I reflect today on the words of scripture found in Philippians 4 verses 15 to 19

¹⁵ 'Moreover, as you Philippians know, in the early days of your acquaintance with the gospel, when I set out from Macedonia, not one church shared with me in the matter of giving and receiving, except you only; ¹⁶ for even when I was in Thessalonica, you sent me aid more than once when I was in need. ¹⁷ Not that I desire your gifts; what I desire is that more be credited to your account. ¹⁸ I have received full payment and have more than enough. I am amply supplied, now that I have received from Epaphroditus the gifts you sent. They are a fragrant offering, an acceptable sacrifice, pleasing to God. ¹⁹ And my God will meet all your needs according to the riches of his glory in Christ Jesus.'

I ask myself who is serving Jesus in ministry that I could support both prayerfully and financially? How have I seen God meet all my needs in the past? As I prepare to give my sacrificial gift tomorrow am I looking forward to how God will meet all our needs as a church and as a diocese?

Ask

Today we pray for

All church treasurers within our diocese as they fulfil their role

Sunday 29th November 2020

Pause

As I enter prayer now, I pause to be still: to breathe slowly to re-centre my scattered senses upon the presence of God.

Lord, we have heard the good news of the life, death and resurrection of your Son. We have come now to experience its power, to hear your call and to be sent out as disciples of Christ. Lord, so fill our thoughts, our lives and our lips with songs of praise that others will long to bring glory to home. Amen.

Rejoice

I rejoice in God's guidance, joining with the ancient praise of all God's people in the words of Psalm 25 verses 4 to 7

⁴ 'Show me your ways, LORD,
teach me your paths.

⁵ Guide me in your truth and teach me,
for you are God my Saviour,
and my hope is in you all day long.

⁶ Remember, LORD, your great mercy and love,
for they are from of old.

⁷ Do not remember the sins of my youth
and my rebellious ways;
according to your love remember me,
for you, LORD, are good.'

Reflect

I reflect today on the words of scripture found in John 3 verses 16 and 17



¹⁶ 'For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. ¹⁷ For God did not send his Son into the world to condemn the world, but to save the world through him.'

I ask myself how can I say thank you to God for the greatest gift of generosity ever seen, the sending of Jesus Christ his Son into the world to be saviour? Who do I know who needs to know that Jesus is their saviour, how can I be generous in sharing this incredible news with them?

Ask

Today we ask God to pour his blessing upon all those who will give a sacrificial gift to their church at this time.

© Many of the prayers are taken from: 500 More Prayers for All Occasions, David Clowes, 2010, David C Cook and from the Lectio365 App, by 24 7 Prayer