

## ALM Later Life Care Elective 2024

Date & Time	Session Plan
<p><b>Saturday 17/02/24</b>  <b>10am – 3pm</b>  <b>Venue:</b> Church Hall (Stable Room), All Hallows Church, All Hallow Road, Bispham, FY2 0AY</p>	<p><b>Biblical Perspectives on Ageing</b></p> <ul style="list-style-type: none"> <li>• Brief overview of the course and its aims.</li> <li>• Why this ministry?</li> <li>• Biblical reflections on ageing (1)</li> <li>• Explore the inspiration of contemporary elders.</li> <li>• Introduce the concept of Anna Chaplaincy.</li> </ul> <hr/> <p><b>Spirituality in later life: Listening to stories</b></p> <ul style="list-style-type: none"> <li>• Western understandings of ageing.</li> <li>• What is spirituality and the spiritual tasks in later life?</li> <li>• How do we listen to each other's stories?</li> </ul>
<p><b>Saturday 9/03/24</b>  <b>10am – 3pm</b>  <b>Venue:</b> Church Hall (Stable Room), All Hallows Church, All Hallow Road, Bispham, FY2 0AY</p>	<p><b>Ageing and Frailty: Supporting worship</b></p> <ul style="list-style-type: none"> <li>• Biblical reflections on ageing (2)</li> <li>• How do we age physically changes.</li> <li>• How does aging impact on participation in church and worship?</li> <li>• Good practice in worship and ministry.</li> </ul> <hr/> <p><b>Spiritual Care for people with memory issues, dementia and in care homes</b></p> <ul style="list-style-type: none"> <li>• Overview of living with dementia</li> <li>• How to develop dementia friendly churches and Dementia Friends</li> <li>• Overview of ministry with care homes</li> <li>• Experience dementia friendly worship</li> </ul>
<p><b>Saturday 23/03/24</b>  <b>10am – 3pm</b>  <b>Venue:</b> Church Hall (Stable Room), All Hallows Church, All Hallow Road, Bispham, FY2 0AY</p>	<p><b>Walking each other home: End of Life Care</b></p> <ul style="list-style-type: none"> <li>• Biblical Reflections on Ageing (3)</li> <li>• Experiences of living with advancing frailty.</li> <li>• Explore the role of spiritual care as part of end-of-life care in hospital, care home, at home and in hospice.</li> <li>• Introduce hospice and palliative care.</li> <li>• Opportunity to discuss difficult questions.</li> </ul> <hr/> <p><b>Reflections and Next Steps</b></p> <ul style="list-style-type: none"> <li>• What next for each participant?</li> <li>• Anna Chaplaincy</li> <li>• Closing Worship</li> </ul>